

# Hygiene Appointment Checklist

Patient Name: \_\_\_\_\_ Date \_\_\_\_\_

- 1. Personal Connection
  - Thank you for recent referrals \_\_\_\_\_
- 2. Review / Update:
  - Health History
  - Blood Pressure \_\_\_\_\_ / \_\_\_\_\_
  - Home Care Regime
  - Dental Concerns
- 3. Permission Statement
- 4. Update Radiographs
- 5. Oral Cancer Screening \_\_\_\_\_
- 6. Periodontal Evaluation
  - Full six-point probing (always assisted)
    - Bleeding points, furcations, recession, mobility, etc.
  - Discuss periodontal condition / treatment with patient
- 7. Update / Review OHI \_\_\_\_\_
- 8. Update Restorative / Cosmetic Concerns using IOC
  - Treatment pending or "on watch"
  - Treatment concerns patient has mentioned
  - New areas of concern
- 9. Scale / Polish (or appropriate periodontal treatment) performed
- 10. Determine Next Appointment Interval
- 11. Dr. / Hygiene Information Handoff
  - Update:
    - Health History
    - Blood Pressure Screening
    - Oral Cancer Screening
  - Advise:
    - Perio Status
    - Home Care Recommendations
    - Recommendation for Appointment Interval
  - Acknowledge:
    - Pending Restorative
    - Treatment that patient is concerned about
    - New Restorative Concerns
    - Cosmetic Update
- 12. Reinforce Treatment Diagnosis and Answer Questions
- 13. Document Finding & Patient Discussions
- 14. Dismiss Patient